



## 2023-24 6-week Sessions

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>5:30-6pm</b> <b>**6 WEEK ONLY</b> <b>Tumbling Wee</b> <b>Hip Hop</b> <b>Ages 4&amp;5</b>	
<b>6:45-7:30pm</b> <b>**6 WEEK ONLY</b> <b>Tik Tok To The Hip</b> <b>Hop</b> <b>All Ages</b>			<b>6:00-6:45pm</b> <b>**6 WEEK ONLY</b> <b>Youth Hip Hop</b> <b>Ages 6-12</b>	
<b>7:30-8:30pm</b> <b>**6 WEEK ONLY</b> <b>Step UP &amp; Sweat</b> <b>All Ages</b>			<b>6:45-7:30pm</b> <b>**6 WEEK ONLY</b> <b>Adult Hip Hop</b> <b>Ages 13 &amp; UP</b>	

### ALL CLASSES are \$85 per 6-Week Session

(no registration fee for 6 week)

- **Fall Session** : October 9 & 12, 2023 to November 13 & 16<sup>th</sup>, 2023
- **Winter Session**: January 8<sup>th</sup> & 11<sup>th</sup> to February 12 & 15<sup>th</sup>, 2024
- **Spring Session**: February 26 & 29 to March 2/3<sup>th</sup> to April 1<sup>st</sup> & 4<sup>th</sup>, 2024
- **Summer Session**: Tuesdays, June 5 to July 10<sup>th</sup>, 2024 Times TBD

**PLEASE NOTE: ADULT SESSIONS FOR FALL, WINTER & SPRING are on Thursday evenings!**

**Tik To To The Hip Hop** - recreational session made for anyone who wants to learn Tik Tok Dance

**Step Up & Sweat** - Come join us and step, we promise you'll get your cardio and sweat to fun beats, for all levels beginner to advanced. Easy on your back and a great way to exercise for fun!

**Tumbling/Wee Hip Hop** - Work on hand/eye coordination, safe tumbling techniques, simple hip hop movement and fun musical games, child must be mature enough to stay without parent in studio. (Ages 4-5)

**Youth Hip Hop 101** - Learn basic Hip Hop Technique set to fun and simple choreography to your favorite beats. This is for students with no experience in hip hop. (Ages 6-12)

**Adult Hip Hop 101** - come learn the basics of Hip Hop set to Choreography in a fun environment, be prepared to